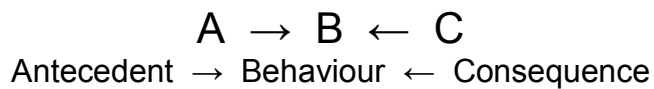


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The ABC of Inappropriate Behaviour



Antecedent

what precedes the child's behaviour

Behaviour

the response by the child

Consequence

what follows the behaviour

In order to change the behaviour you must learn to change the *antecedents* and/or the *consequences* surrounding the behaviour. Complete the questions on this form to identify the antecedent and consequence.

The 4 main types of inappropriate behaviour are:

Deficit Behaviours: do not occur often enough or do not occur at all. Example: *Child will not sit on the floor with the rest of the class. He lacks certain skills to accomplish the behaviour.*

Excess Behaviours: occur too often, including obsessive and self-stimulatory behaviour.

Manipulative Behaviours: aim to manipulate the environment in order to gain some form of control. Example: *Tantrums and physical aggression to gain an object.*

Anxiety Behaviours: occur when the child is anxious or frightened. These are often due to sensory issues and include withdrawal, tantrums, hiding etc.

Describe the behaviour that is most difficult or disruptive.

What is happening immediately before and after the behaviour occurs?

Who is present?

When does it occur? (ie. only in the morning)

Where does the behaviour occur? (ie. only in certain classrooms)

What do you believe is being communicated by the behaviour? (Could the behaviour be due to pain, anxiety, frustration?)

What skills does the student lack that may contribute to the inappropriate behaviour?

Describe the consequences that have been tried to stop the behaviour?

Which consequences have failed?

Which, if any, have worked?

What motivates the student? (Think of his interests and obsessions.)

What might be an effective reward system for good behaviour?

What strategies could be implemented to prevent this behaviour?

What skills could be taught to reduce this behaviour?

What consequences will be used when the behaviour occurs in future?